

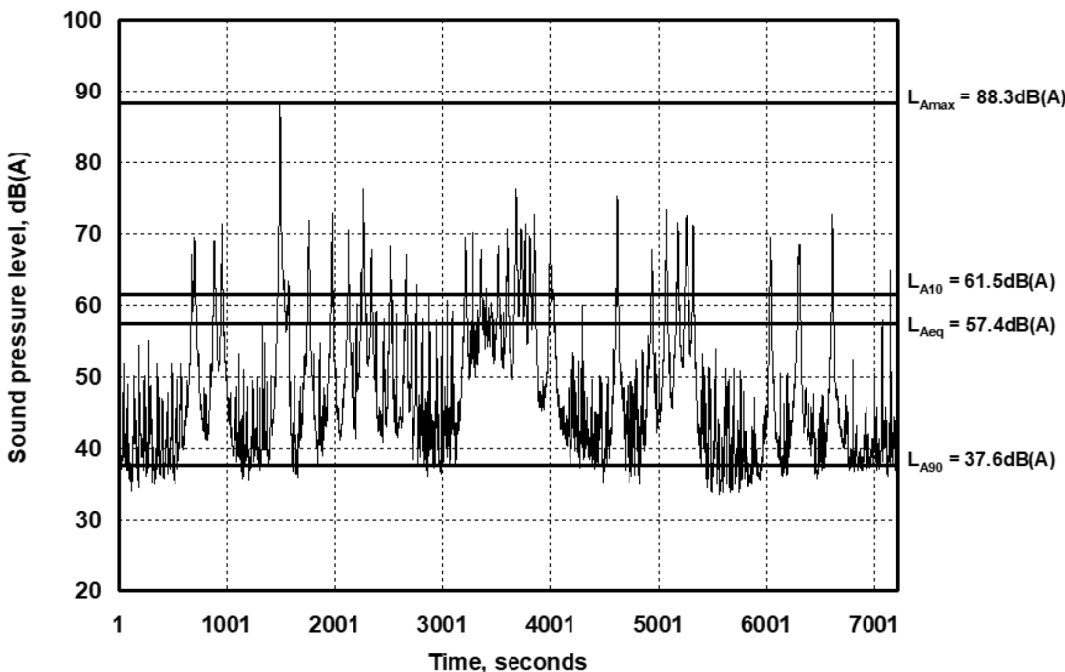
Annex A - General Approach to Noise Assessment & Glossary

- A.1. Some sound, such as speech or music, is desirable. However, desirable sound can turn into unwanted noise when it interferes with a desired activity or when it is perceived as inappropriate in a particular environment.
- A.2. When assessing the effects of sound on humans there are two equally important components that must both be considered: the physical sound itself, and the psychological response of people to that sound. It is this psychological component which results in those exposed differentiating between desirable sound and unwanted noise. Any assessment of the effects of sound relies on a basic appreciation of both these components. This Annex provides an overview of these topics. A glossary of acoustic terminology is included at the end of this Annex.
- A.3. The assessment of environmental noise can be best understood by considering physical sound levels separately from the likely effects that these physical sound levels have on people, and on the environment in general.
- A.4. Physical sound is a vibration of air molecules that propagates away from the source. As acoustic energy (carried by the vibration back and forth of the air molecules) travels away from the source of the acoustic disturbance it creates fluctuating positive and negative acoustic pressures in the atmosphere above and below the standing atmospheric pressure. For most types of sound normally encountered in the environment these acoustic pressures are extremely small compared to the atmospheric pressure. When acoustic pressure acts on any solid object it causes microscopic deflections in the surface. For most types of sound normally encountered in the environment these deflections are so small they cannot physically damage the material. It is only for the very highest energy sounds, such as those experienced close to a jet engine for example, that any risk of physical damage exists. For these reasons, most sound is essentially neutral and has no cumulative damaging physical effect on the environment. The effects of environmental sound are therefore limited to its effects on people or animals.
- A.5. Before reviewing the potential effects of environmental sound on people, it is useful first to consider the means by which physical sound can be quantified.

Indicators of physical sound levels

- A.6. Physical sound is measured using a sound level meter. A sound level meter comprises two basic elements: a microphone which responds in sympathy with the acoustic pressure fluctuations and produces an electrical signal that is directly related to the incident pressure fluctuations, and a meter which converts the electrical signal generated by the microphone into a decibel reading. Figure A1 shows an example of the time history of the decibel readout from a sound level meter located approximately 50 metres from a road. The plot covers a total time period of approximately 2 hours. The peaks in the sound pressure level trace correspond to the passage of individual vehicles past the measurement location.
- A.7. Assigning a single value to the time varying sound pressure level presented in Figure A1 is clearly not straightforward, as the sound pressure level varies by over 50 dB with time. To overcome this, the measurement characteristics of sound level meters can be varied to emphasise different features of the sound that are thought to be most relevant to the effect under consideration.

Figure A1 Sample plot of the sound pressure level measured close to a road over a period of approximately two hours.



Objective measures of noise

- A.8. The primary purpose of measuring environmental noise is to assess its effects on people. Consequently, any sound measuring device employed for the task should provide a simple readout that relates the objectively measured sound to human subjective response. To achieve this, the instrument must, as a minimum, be capable of measuring sound over the full range detectable by the human ear.
- A.9. Perceived sound arises from the response of the ear to sound waves travelling through the air. Sound waves comprise air molecules oscillating in a regular and ordered manner about their equilibrium position. The speed of the oscillations determines the frequency, or pitch, of the sound, whilst the amplitude of oscillations governs the loudness of the sound. A healthy human ear is capable of detecting sounds at all frequencies from around 20 Hz to 20 kHz over an amplitude range of approximately 1,000,000 to 1. Even relatively modest sound level meters are capable of detecting sounds over this range of amplitudes and frequencies, although the accuracy limits of sound level meters vary depending on the quality of the unit. When undertaking measurements of wind turbine noise, as with all other noise measurements, it is important to select a measurement system that possesses the relevant accuracy tolerances and is calibrated to a matching standard.
- A.10. Whilst measurement systems exist that are capable of detecting the range of sounds detected by the human ear, the complexities of human response to sound make the derivation of a likely subjective response from a simple objective measure a non-trivial problem. Not only does human response to sound vary from person to person, but it can also depend as much on the activity and state of mind of an individual at the time of the assessment, and on the 'character' of the sound, as it can on the actual level of the sound. In practice, a complete range of responses to any given sound may be observed. Thus, any objective measure of noise can, at best, be used to infer the average subjective response over a sample population.

Sound levels and decibels

- A.11. Because of the broad amplitude range covered by the human ear, it is usual to quantify the magnitude of sound using the decibel scale. When the amplitude of sound pressure is expressed using decibels (dB) the resultant quantity is termed the sound pressure level. Sound pressure levels are denoted by a capital 'L', as in L dB. The conversion of sound pressure from the physical quantity of Newton per square metre, or Nm⁻², to sound pressure level in dB reduces the range from 0 dB at the threshold of hearing to 120 dB at the onset of pain. Both of these values are derived with respect to the hearing of the average healthy young person.
- A.12. Being represented on a logarithmic amplitude scale, the addition and subtraction of decibel quantities does not follow the normal rules of linear arithmetic. For example, two equal sources acting together produce a sound level 3 dB higher than either source acting individually, so 40 dB + 40 dB = 43 dB and 50 dB + 50 dB = 53 dB. Ten equal sound sources acting together will be 10 dB louder than each source operating in isolation. Also, if one of a pair of sources is at least 10 dB quieter than the other, then it will contribute negligibly to the combined noise level. So, for example, 40 dB + 50 dB = 50 dB.
- A.13. An increase in sound pressure level of 3 dB is commonly accepted as the smallest change of any subjective significance. An increase of 10 dB is often claimed to result in a perceived doubling in loudness, although the basis for this claim is not well founded. An increase of 3 dB is equivalent to a doubling in sound energy, which is the same as doubling the number of similar sources. An increase of 10 dB is equivalent to increasing the number of similar sources tenfold, whilst an increase of 20 dB requires a hundredfold increase in the number of similar sources and an increase of 30 dB requires a thousand times increase in the number of sources.

Frequency selectivity of human hearing and A-weighting

- A.14. Whilst the hearing of a healthy young individual may detect sounds over a frequency range extending from less than 20 Hz to greater than 20 kHz, the ear is not equally sensitive at all frequencies. Human hearing is most sensitive to sounds containing frequency components lying within the range of predominant speech frequencies from around 500 Hz to 4000 Hz. Therefore, when relating an objectively measured sound pressure level to subjective loudness, the frequency content of the sound must be accounted for.
- A.15. When measuring sound with the aim of assessing subjective response, the frequency selectivity of human hearing is accounted for by down-weighting the contributions of lower and higher frequency sounds to reduce their influence on the overall reading. This is achieved by using an 'A'-weighting filter. Over the years, the A-weighting has become internationally standardised and is now incorporated into the majority of environmental noise standards and regulations in use around the world to best replicate the subjective response of the human ear. A-weighting filters are also implemented as standard on virtually all sound measurement systems.
- A.16. Sound pressure levels measured with the A-weighting filter applied are referred to as 'A weighted' sound pressure levels. Results from such measurements are denoted with a subscripted capital A after the 'L' level designation, as in 45 dB LA, or alternatively using a bracketed 'A' after the 'dB' decibel designation, as in 45 dB(A).

Temporal variation of noise and noise indices

- A.17. The simple A-weighted sound pressure level provides a snapshot of the sound environment at any given moment in time. However, as is adequately demonstrated by Figure A1, this instantaneous sound level can vary significantly over even short periods of time. A single number indicator is therefore required that best quantifies subjective response to time varying environmental noise, such as that shown in Figure A1. The question thus arises as to how temporal variations in level should be accounted for. This is most often achieved in practice by selecting a representative time period and calculating either the average noise level over that time period or, alternatively, the noise level exceeded for a stated proportion of that time period, as discussed below.

Equivalent continuous sound level, $L_{Aeq,T}$

- A.18. The equivalent continuous sound level, or $L_{Aeq,T}$ averages out any fluctuations in level over time. It is formally defined as the level of a steady sound which, in a stated time period 'T' and at a given location, has the same sound energy as the time varying sound. The $L_{Aeq,T}$ is a useful 'general' noise index that has been found to correlate well with subjective response to most types of environmental noise.
- A.19. The equivalent continuous sound level is expressed $L_{Aeq,T}$ in dB, where the A-weighting is denoted by the subscripted 'A', the use of the equivalent continuous index is denoted by the subscripted 'eq', and the subscripted 'T' refers to the time period over which the averaging is performed. So, for example, 45 dB $L_{Aeq,1hr}$ indicates that A-weighted equivalent continuous noise level measured over a one hour period was 45 dB.
- A.20. The disadvantage of the equivalent continuous sound level is that it provides no information as to the temporal variation of the sound. For example, an $L_{Aeq,1hr}$ of 60 dB could result from a sound pressure level of 60 dB(A) continuously present over the whole hour's measurement period, or it could arise from a single event of 96 dB(A) lasting for just 1 second superimposed on a continuous level of 30 dB(A) which exists for the remaining 59 minutes and 59 seconds of the hour long period. Clearly, the subjective effect of these two apparently identical situations (if one were to rely solely on the L_{Aeq} index) could be quite different.
- A.21. The aforementioned feature can produce problems where the general ambient noise level is relatively low. In such cases the $L_{Aeq,T}$ can be easily 'corrupted' by individual noisy events. Examples of noisy events that often corrupt $L_{Aeq,T}$ noise measurements in situations of low ambient noise levels include birdsong or a dog bark local to a noise monitoring point, or an occasional overflying aircraft or a sudden gust of wind. This potential downside to the use of $L_{Aeq,T}$ as a general measurement index is of particular relevance to the assessment of ambient noise in quiet environments, such as those typically found in rural areas where wind farms are developed.
- A.22. Despite these shortcomings in low noise environments, the $L_{Aeq,T}$ index is increasingly becoming adopted as the unit of choice for both UK and European guidance and legislation, although this choice is often as much for reasons of commonality between standards as it is for overriding technical arguments. In the Government's current planning policy guidance notes the $L_{Aeq,T}$ noise level is the index of choice for the general assessment of environmental noise. This assessment is undertaken separately for day time ($L_{Aeq,16hr}$ 07:00 to 23:00) and night time ($L_{Aeq,8hr}$ 23:00 to 07:00) periods. However, it is often the case for quiet environments, or for non-steady noise environments, that more information than can be gleaned from the $L_{Aeq,T}$ index may be required to fully assess potential noise effects.

Maximum, L_{Amax} , and percentile exceeded sound level, $L_{An,T}$

- A.23. Figure A1 shows, superimposed on the time varying sound pressure level trace and in addition to the $L_{Aeq,T}$ noise level, examples of three well established measurement indices that are commonly used in the assessment of environmental noise impacts. These are the maximum sound pressure level, L_{Amax} , the 90 percentile sound pressure level, $L_{A90,T}$ and the ten percentile sound pressure level, $L_{A10,T}$.
- A.24. The $L_{Amax,F}$ readings is suited to indicating the physical magnitude of the single individual sound event that reaches the maximum level over the measurement period, but it gives no indication of the number of individual events of a similar level that may have occurred over the time period.
- A.25. Unlike the $L_{Aeq,T}$ index and the $L_{Amax,F}$ indices, percentile exceeded sound levels, percentage exceeded sound levels provide some insight into the temporal distribution of sound level throughout the averaging period. Percentage exceeded sound levels are defined as the sound level exceeded by a fluctuating sound level for n% of the time over a specified time period, T. They are denoted by $L_{An,T}$ in dB, where 'n' can take any value between 0% and 100%.
- A.26. The $L_{A10,T}$ and $L_{A90,T}$ indices are the most commonly encountered percentile noise indices used in the UK.